



## The Rock Training Centre – 2009 (Prices include Vat)

### Accommodation (including all meals) Own activities & facilitator

Children (group of less than 30)	N\$ 105.00 /person
Children (group of more than 30)	N\$ 95.00 /person
Adults (Wendy house)	N\$ 135.00 /person
Facilitators' fee per hour (teachings or activities)	N\$ 100.00

### Accommodation (including all meals & activities)

Children (group of less than 30)	N\$130.00 /person
Children (group of more than 30)	N\$115.00 /person
Adults (Wendy house)	N\$150.00 /person
Facilitators' fee per day (max 30 people/facilitator)	N\$250.00

### Accommodation only (self-catering)

Children	N\$ 50.00/person
Adult	N\$100.00/person
Use of Kitchen facilities	N\$350.00/day

### Additional Activities: (Minimum of 10 persons) Facilitators' fee separate

<b>Facilitators' Fee</b>	<b>N\$ 250.00 per day</b>
<b>DISC Personal Survey Style</b>	<b>N\$ 30.00 /person</b>
<b>DISC Solving The People Puzzle</b>	<b>N\$ 55.00 /person</b>
<b>Paintballs</b> (20 pellets, Facilitators fee excl.)	<b>N\$ 50.00 /person</b>
<b>Obstacle Course</b> (per hour Facilitator fee excl.)	<b>N\$15.00 /person</b>
<b>Litherium Course</b> (per hour Facilitators fee excl.)	<b>N\$15.00 /person</b>
<b>Abseiling</b>	<b>N\$ 20.00/person</b>

#### Activities that is included:

3 Nights or more – Obstacle course, Litherium course, Abseiling and Paintballs  
 2 Nights – Obstacle course, Litherium course, Abseiling or Paintballs  
 Paintballs: 20 balls per person thereafter N\$ 1.00 per ball

**Adults and children need to bring their own bedding and cutlery.**

For more information, please contact us @ Tel: +264 62 503 840, or email us at [info@rock.lodge.na](mailto:info@rock.lodge.na), or visit our website @ [www.rock.lodge.na](http://www.rock.lodge.na). Thank you.

The Rock Lodge is situated only an hour's drive from Windhoek!